# Varenicline (Champix®) Protocol

Surrey NHS
Primary Care Trust
Stop Smoking Service

**Start Here**

Is the patient motivated to stop?

- No → Raise awareness with the patient. Schedule follow-up appointment.
- Yes →

- Is the patient pregnant or breastfeeding?
- Under 18 years?
- Has a psychiatric illness?

Yes → Refer to Stop Smoking Service for specialist support

No ↓

Do **any** of the following apply?

- Patient has epilepsy?
- Hypersensitive to Varenicline active ingredient or exicipients?
- Patient has end stage renal disease?

Yes → Consider NRT or bupropion if appropriate

No ↓

Set a quit date for 2 weeks' time. Initiate Varenicline

Impaired renal function

| > **30 ml/min** estimated creatinine clearance (no renal impairment, mild and moderate renal impairment) | | |
|---|---|---|
| Day 1-3 | 0.5 mg | once daily |
| Day 4-7 | 0.5 mg | twice daily |
| Day 8 - end of treatment | 1 mg | twice daily |

| < **30 mls/min** creatinine clearance (severe renal impairment) | | |
|---|---|---|
| Day 1-3 | 0.5 mg | once daily |
| Day 4-7 | 1 mg | once daily |
| Day 8 - end of treatment | 1 mg | once daily |

Any adverse effects?

If patient has not had dose adjusted, lower dose temporarily or permanently to 0.5mg twice a day.

▼ Black Triangle Drug-report all adverse reactions even if it is not certain that the drug caused it, or if the reaction is well recognised or if other drugs are taken at the same time.

*If you have any questions please ring the Stop Smoking Team on 0845 602 3608*

March 2009 (review March 2010)